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# **COVID-19 (novel coronavirus)**

This section provides the latest updates, information and advice on COVID-19.

## **Current situation**

New Zealand has **708** confirmed and probable cases of COVID-19. For a summary of the current status see our <u>latest media release</u> (1 April). More information is available on our <u>current cases page</u>. With continued vigilance the chance of widespread community outbreak is expected to remain low.

## New Zealand is currently at Alert Level 4 - Eliminate

These alert levels specify the public health and social measures to be taken. Nationwide, New Zealand is currently at Level 4 – Eliminate. This means that it is likely that the disease is not contained. See more information about Alert levels .

Find out how to look after your mental health and wellbeing during Alert Level 4.

## Health and care workers – expressions of interest for COVID-19 response

We are seeking expressions of interest from health and care professionals who are able and willing to work for a limited amount of time as part of the national strategic approach to managing COVID-19. Find out more

### **Personal Protective Equipment (PPE)**

What's important for you to know about PPE for essential workers.

For COVID-19 health advice and information, contact the Healthline team (for free) on  $0800\ 358\ 5453$  or  $0.640\ 9.358\ 5453$  for international SIMS.

# Health advice for the public

- Latest advice: Symptoms, prevention, treatment, how it spreads & more
- Self-isolation
- Contact tracing
- Face mask and hygiene advice
- Home care information
- Questions and answers
- Wellbeing at Alert Level 4

# **Information for:**

- Health professionals
- Accommodation providers
- Airline staff
- Border sector
- Cleaning services
- Disability and aged care providers
- Disabled people
- Funerals and tangihanga
- Older people
- Personal protective equipment (PPE)
- Pregnant women
- Public events and mass gatherings
- Travellers arriving to NZ
- Workplaces

# **Current situation**

- Current cases
- Border controls
- **Epidemic Notice**
- Essential health & disability services
- COVID-19 modelling reports

# **News and media updates**

- 1 April 61 new cases
- 1 April Media update
- 31 March 58 new cases
- 31 March Media update
- 31 March COVID-19 modelling reports

All news and media updates

**Information about current cases** 

## **Resources**

- New Zealand Sign Language
- Easy Read
- Information sheets for the general public
- Posters
- Ministry social media
- Information in other languages

# Latest updates

Our advice is under active review and is updated regularly. The latest updates include the following changes to the website:

#### 1 April:

- Updated case definition
- Updated close and casual contact definition

#### 31 March:

- Managing patients and reporting using Telehealth and online tools includes information sharing advice for health professionals
- Updated information on wellbeing at Alert Level 4
- Information for providers of housing support
- COVID-19 modelling reports

#### 30 March:

- Information for pregnant women & new mothers
- New guidance on funerals and tangihanga
- Updated advice for health professionals
- PPE used by community-based midwives for prevention of COVID-19
- Updated information for disability and aged care providers on Alert Level 4
- New information for funeral directors on management of deaths due to COVID-19

#### 29 March:

Current cases, full details and cluster information updated

### 28 March:

- Current cases, full details and cluster information updated
- Self-isolation for close contacts and travellers updated
- PPE for essential workers resources updated
- Advice for travellers updated

### 27 March:

- Advice for aged care providers has moved
- Updated close contact definition
- Guidance on use of personal protective equipment
- Updated face mask and hygiene advice

#### 26 March:

- <u>Updated self-isolation or low-level quarantine requirements</u>
- Updated current case details
- Updated essential services in the health and disability system with list of hospital services
- Increasing the health workforce capacity we are seeking expressions of interest from health and care professionals









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Where to go for help

**Emergencies** 

Dial 111 (for ambulance, fire or police)

Healthline

Dial 0800 611 116

**Poisons** 

Dial 0800 POISON (0800 764 766)

**Mental health crisis** 

**Emergency contact numbers** 

New Zealand Government

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